

USAID Provisional Specification for Lipid Nutrient Supplement – Small Quantity for Pregnant and Lactating Women (LNS-SQ PLW)

Sachet size: 20 g

Ingredients: Soybean oil, dried skimmed milk, peanuts/peanut paste, mineral and vitamin mix, and sugar

Nutritional Profile LNS-SQ PLW:

Nutrient	LNS
Ration	20-g sachet
Total energy, kcal	118
Protein, g	2.6
Fat, g	10
Linoleic acid, g	4.59
α -Linolenic acid, g	0.59
Vitamin A, μ g RE	800
Vitamin C, mg	100
Vitamin B-1, mg	2.8
Vitamin B-2, mg	2.8
Niacin, mg	36
Folic acid, μ g	400
Pantothenic acid, mg	7
Vitamin B-6, mg	3.8
Vitamin B-12, μ g	5.2
Vitamin D, μ g	10
Vitamin E, mg	20
Vitamin K, μ g	45
Iron, mg	20
Zinc, mg	30
Copper, mg	4
Calcium, mg	280
Phosphorus, mg	190
Potassium, mg	200
Magnesium, mg	65
Selenium, μ g	130
Iodine, μ g	250
Manganese, mg	2.6

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