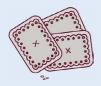
# **USAID Nutrition Assistance**

Fighting hunger and malnutrition is about more than just making sure people have staple foods. It's about ensuring people—especially children—have the right food when they need it most. Poor nutrition in childhood can cause lasting consequences that jeopardize the health of future generations. Check out some of the ways USAID's Bureau for Humanitarian Assistance supports populations recovering from crises and supports efforts to build longer-term resilience within communities who experience recurrent humanitarian crises.



#### **High energy biscuits**

Wheat, oat, vegetable oil, sugar, milk, soy, vitamins & minerals



### **Nutritious paste**

Peanut, sugar, milk, whey, vegetable oil, wheat/corn, vitamins & minerals



#### **Fortified cereals**

Corn/wheat/rice, soy, milk powder, sugar, oil, vitamins and minerals



# **Vitamin & Mineral powders**

Vitamins A, C, D, E, B1, B2, niacin, B6, B12, folic acid, iron, zinc, copper, iodine, selenium



# **Nutrition Education**

Health workers raise awareness of healthy and balanced nutrition practices to reduce malnutrition in mothers and children.



# **Breastfeeding Support**

Lactation and peer-support groups educate and counsel mothers on the benefits of breastfeeding and address key barriers.

